



# Qi YOGA goes to INDIA!

## DAY-BY-DAY PROGRAM – Oct/Nov 2020

*Temps range from 17 to 33° in Oct/Nov*

*Daily program is subject to change - you will be notified in advance of any changes*

**There will be yoga classes when our schedule permits**

### **DAY 1. Wed 21 Oct - DELHI**

***Namaste and a warm welcome to India!*** We'll greet you at the airport and settle you in to your hotel

### **DAY 2. Thur 22 - DELHI Tour**

Delhi is a colourful hive of energy and activity. The Indian capital is a city of contrasts, a modern metropolis merges with Old Delhi's winding streets and bazaars. Today we visit Akshardham Temple, the world's largest Hindu temple.

### **DAY 3. Fri 23 - DELHI to VARANASI**

Today we fly to the beating heart of the Hindu universe. Varanasi is a spiritual hot spot, you can feel it in the air. Our hotel has spectacular views of the river, perfect for meditation, photography and to observe the spectacle of daily life and death on The River Ganges. We have 2 nights here.

### **Day 4. Sat 24 - VARANASI**

At first light we'll experience life along The River Ganges with our sunrise boat trip. In the early morning, the steps leading down to the river teem with life. At sunset we witness the Ganga Aarti Ceremony, a moving ritual that uses fire as an offering to the life-giving river.

### **DAY 5. Sun 25 - VARANASI to AMRITSAR**

Today we fly from Varanasi to Amritsar, the spiritual home of the Sikh religion. We have 3 nights here.

### **DAY 6. Mon 26 - AMRITSAR**

The glittering Golden Temple is only a few steps from our hotel. The temple kitchen serves up to 100,000 FREE hot meals per day. Be sure to join the hundreds of volunteers and participate in **SEVA** (selfless service) a service performed to benefit humanity and society without any expectation of result or award. Previous guests describe this experience as a tour highlight.

### **DAY 7. Tues 27 - AMRITSAR**

After lunch we'll drive an hour to the Pakistan border. The unique, flamboyant and elaborate Border Closing Ceremony draws crowds of thousands on both sides of the border.

### **DAY 8. Wed 28 - AMRITSAR to UDAIPUR**

Today we fly to one of the most beautiful and picturesque cities in India, fondly called the 'City of Lakes' and 'Venice of the East'. We have three days to enjoy Udaipur's beautiful scenery and majestic palaces, we are sure you'll love this city of endless charm. We have 3 nights here.

### **DAY 9. Thur 29 - UDAIPUR**

Visit Udaipur City Palace and relax on a lake cruise. Many of Udaipur's exquisite Rajput palaces have been converted into luxury hotels. Famous among them is the Lake Palace, it appears to float magnificently on Pichola Lake.

### **DAY 10. Fri 30 - UDAIPUR**

Today we visit the magical Monsoon Palace and a local rural school.

### **DAY 11. Sat 31 - UDAIPUR to DUNGARPUR**

Only 2.5 hours by road from Udaipur is one of Rajasthan's best kept secrets... Dungarpur is a delight! This offbeat destination is ideal for history lovers, we actually stay overnight in a royal residence!

**DAY 12.** Sun 1 - November - **DUNGARPUR to AGRA** by overnight sleeper train

We have the whole day in Dungarpur, before catching the overnight sleeper train to Agra, home of the magnificent Taj Mahal and one of the finest Mughal Red forts in India!

**ACCOMMODATION:** SLEEPER TRAIN

**DAY 13.** Mon 2 - **AGRA**

Our train arrives around 11am, after lunch we'll visit the splendid Red Fort and learn more about Agra's famous handicrafts. Then back to our hotel for dinner and an early night.

**DAY 14.** Tues 3 - **AGRA to JAIPUR**

We are up early to watch the sun rise over the Taj Mahal and be moved by the most awe-inspiring monument to love on planet earth. Nothing can prepare you for the moment you see the Taj Mahal with your own eyes! After breakfast we head for Jaipur, stopping for lunch in Abhaneri to see the biggest stepwell in India. Unique to India, stepwells are amazing, huge, sunken stairways that spiral or zigzag to a pool of water as deep as nine storeys' down into the earth! We have 3 nights here.

**DAY 15.** Wed 4 - **JAIPUR**

Jaipur, the capital of Rajasthan, famous for its stunning fortresses, palaces, spectacular landscapes and art treasures, you'll be captivated by the vibrant culture and history of this royal city. We have three nights in our delightful heritage hotel where peacocks roam the gardens and a gin and tonic on the lawn feels compulsory!

**DAY 16.** Thur 5 - **JAIPUR**

Your sightseeing tour of Jaipur includes the magnificent AMER PALACE, one of the principal attractions in the area. Jaipur is world famous for its intricate handicrafts, exquisite jewellery, magnificent art and artifacts, vibrant textiles and carpets.

**DAY 17.** Fri 6 - **JAIPUR to DELHI** - end of tour

Around lunchtime we'll escort you to Delhi airport for your evening flight home... *heart full, feeling richer with a new perspective on life... where will we meet again?*