

FAQ's

Passport and visa?

You need to apply and pay for your Indian visa. Your passport must be valid for at least 6 months from the date of entry into India. If valid for less than 6 months you will be refused entry.

You can only apply for your Indian visa 45 days before your date of travel. If you hold an Australian passport, a single entry TOURIST VISA for India is around \$85.

Indian Passport office in Sydney: Level 8, 189 Kent Street, Sydney 2000.

You can apply for an 'e-visa' online: www.https://indianvisaonline.gov.in/evisa/tvoa.html

Do I need travel insurance?

YES, you need travel insurance because it just makes sense! We require that your travel insurance policy covers medical expenses including emergency repatriation and trip cancellation, this may cover cancellation penalties if YOU unexpectedly have to cancel your trip due to illness, injury or unforeseen circumstances.

We will need a copy of your travel insurance 90 days before your departure.

What vaccines do I need?

Your doctor or health department knows best. However we recommend you receive Hepatitis A and B vaccine, Typhoid vaccine and make sure your Tetanus vaccine is up to date.

Should I take malaria medicine? Discuss this with your doctor. Use common sense approaches to prevent bites, including long sleeves/pants at dawn/ dusk and mosquito repellent.

What about money? Credit cards? Will there be ATMs?

There are ATMs at every destination, a convenient way to get local currency. ATM fees can be high, plan to get out a large chunk of money instead of getting a lot of small withdrawals. You can use credit cards for large purchases such as furniture, carpets, jewellery, etc. Be sure to alert your bank that you will be traveling so they don't block your card when they see it being used overseas.

What's the accommodation like?

We choose our hotels based on location, cleanliness, safety, price and the good relationships we have with owners and staff. Your hotel room has air-conditioning and ensuite western style bathrooms. India is a magical place with its unique facets and quirks, staying in Indian hotels is another way to experience the country and its culture. Location is crucial - we want you to feel comfortable exploring on your own, so we find hotels that are close to the action, while still being as quiet and private as possible. A little patience might occasionally be needed for hot water and WiFi.

FACT SHEETS

Not up to date on your Indian history and geography? Don't worry! We'll give you Fact Sheets with an overview of the points of interest and what there is to see in each place we visit.

Do I have to hang out with the group or can I adventure on my own?

You are more than welcome to participate in all or none of our scheduled group activities.

What if I'm new to Yoga, can I still come?

Yes! If you can breathe - you can practice yoga! If you don't feel strong or flexible - you can still join in. The yoga sessions are highly recommended, previous guests found the gentle stretches and inward reflection the perfect balance to the hustle and bustle of India.

What about food, I'm not sure if I like Indian food?

We recommend and encourage you to choose a vegetarian diet for the duration of the tour. We will explain local foods and delicacies, not all Indian food is spicy. Most restaurants serve Western food - everything from pizza to fries and pasta. We will help and advise you if you have food allergies and/or intolerances. Gluten is avoidable in India. Vegetarians will have a huge choice.

How many people are going?

A minimum of 10 guests are required in order for the tour to go ahead. We will take up to 15 guests in total.

What shall I pack?

About 2 months before departure you'll receive lots of helpful information to ensure you are well informed. Plus a suggested packing list.

Smoking?

None of our hotels allow smoking in the rooms.

It is not permitted during group meals and activities.